#### HOW INTERGENERATIONAL PROGRAMS & COMMUNITIES PROVIDE A NEW SENSE OF PURPOSE FOR ALL MAKING CONNECTIONS ACROSS THE AGES

2017 LeadingAge DC Annual Meeting "Power of Purpose"

#### LEARNING OBJECTIVES

 Learn about changing industry trends that have inspired senior living service providers to develop more intergenerational programs and communities.

 Learn about the benefits of intergenerational programming.
Further, understand the core principles of creating successful intergenerational communities.

3. Review case studies of innovative intergenerational programs as well as recently completed, groundbreaking intergenerational communities.







## INTERGENERATIONAL VS. MULTIGENERATIONAL



#### Growing trendrenders Public transportation Boomerang kids Millennials Second home Long-term trend Ca Infrastructure Component Ca Infrastructure Component Ca Infrastructure Component Ca Infrastructure Ca Economy Living longer Immig Unintentional **Economic** Wealthy parents Adult children **Generation X**

**Residential Futures II** 





#### **INDUSTRY DESIGN TRENDS FOR 2017**

- 1. Aging within the community
- 2. Creating smart partnerships
- 3. Developing affordable options
- 4. Embracing the power of experience
- 5. Cultivating wellness
- 6. Design for recruitment and retention
- 7. Convergence of the long-term care model
- 8. The future of Memory Support
- 9. Living sustainably
- 10. Responding to disruptors



## FOUR MAIN CATEGORIES OF INTERGENERATIONAL PROGRAMS



Young Serve Elders Elders Serve Young Young and Older Adults Serve Together Older Adults and Young Share Sites



#### **BENEFITS: FOR YOUTH**

- Improved self-esteem
- Improved understanding of elders to combat ageism
- Reinforces the idea that they are needed by the community, and that they can contribute in a meaningful way
- Improved school performance and attendance
- Less likely to start using drugs and alcohol
- Youth learn about the various stages of the life cycle, and also learn to accept old age, illness, and death as a natural occurrence
- Get an opportunity to serve others
- Builds lasting and stable friendships
- Provides love, affection, and comfort



#### BENEFITS: FOR EuropeoRes self-esteem

- Provides a sense of purpose
- Diminishes loneliness and boredom
- Helps elders understand what younger people are doing today
- Receive assistance with everyday tasks or chores
- Opportunity to share history, values, and skills developed over a lifetime
- Encourages activity and improved fitness
- Open and patient with children and their questions
- Provides an opportunity to serve others
- Builds lasting and stable friendships
- Provides love, affection, and comfort



#### BENEFITS FOR SOCIETY







The KOHLER, Purist, Hatbox toilet. With a minimalist design, innovative tankless Power Lite, flushing technology, a. 2-hp pump, ergonomic Comfort Height, bowl and Quiet-Close, toilet seat, this is one beaulifully smart toilet. To learn more, visit KOHLER.com/hetbox • 1-800-4-KOHLER





#### CORE PRINCIPALS FOR DEVELOPING INTERGENERATIONAL PROGRAMMING

- Decide on the size of the program and the level of activity required by the elders
- Establish partnerships
- Clearly define roles and responsibilities
- Identify an appropriate setting
- Establish a budget
- Find funding
- Assess liability and put a plan in place to manage it
- Ensure the lines of communication are open and stay open



#### CORE PRINCIPALS FOR DEVELOPING INTERGENERATIONAL COMMUNITIES

- Urban
- Nearby medical facilities
- Nearby schools
- Access to recreation activities, other entertainment, as well as community basics such as grocery store, shopping, restaurants
- Public transportation
- Parks, walking trails, dog parks, and open space
- Universal design



# CASE STUDIES

**Toronto Star** 

#### ITHACA, NY ITHACA, NY









### SILVER KITE INTERGENERATIONAL ARTS PROGRAMS

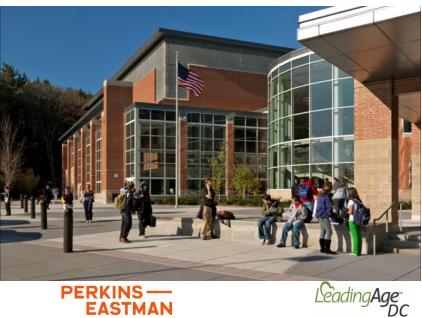


PERKINS — EASTMAN



## SWAMPSCOTT, MA







## NEW JORK CITY, NY







### MERRILL GARDENS AT THE UNIVERSITY





PERKINS — EASTMAN









PERKINS — EASTMAN



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## TAKOMA VILLAGE COHOUSING



PERKINS — EASTMAN



IDENTIFY YOUR PURPOSE. RECOGNIZE THE POWER OF THAT PURPOSE. ENVISION WHAT IT CAN DO FOR THOSE WE SERVE, AND WORK TOGETHER TO BRING IT TO LIFE.



**6** When we encourage relationships across generations, then we are uniquely positioned to provide and receive valuable perspective. It is so simple. And yet, the ripple effect could be so huge.

> Evan Briggs Director, "Present Perfect"







## THANKYOU