

# FALLS Prevention AWARENESS Week 2025

Washington  
D.C.

## Week of September 22-25

9/22 -- Trinity Washington University

9/24 -- University of the  
District of Columbia

9/23 -- The George Washington  
University

9/25 -- Howard University

## FREE SCREENS & ACTIVITIES AT EVERY SITE

- BALANCE
- STRENGTH
- VISION
- MEDICATION
- BLOOD PRESSURE
- HOME SAFETY
- EXERCISES
- FALL RECOVERY
- FILE OF LIFE



**COOL** Swag Bags



**FUN** Raffles

MORE  
INFO



For assistance,  
call:  
202 559 9856

SAFE  
AT  
HOME

**AARP**  
District of Columbia

Home Care  
Partners

**DACL**  
DEPARTMENT OF AGING AND COMMUNITY LIVING  
LIVE BOLDLY

WE ARE  
WASHINGTON  
DC GOVERNMENT OF THE  
DISTRICT OF COLUMBIA  
MURIEL BOWSER, MAYOR